

OPHTHALMIC PLASTIC SURGERY WITH SEDATION (DISCHARGE INSTRUCTIONS)

1. **You have undergone an "Ophthalmic plastic surgery procedure".** performed by Dr Larkin.
2. **It is essential that someone drives you home and stays with you for 24 hours** as you have received intravenous sedation, the effects of which will last several hours. These medicines can cause:
 - Confusion/poor concentration
 - Slower reaction time
 - Drowsiness/tiredness
 - Dizziness/feeling faint
 - Blurred or double vision
 - Muscle weakness
 - Anxiety and mood changes
 - Shakiness and unsteadiness.

These symptoms can make it unsafe for you to drive, cycle or use machinery and can put you and other road users at risk of an accident. **You should go straight home and rest for the remainder of the day.** DO NOT go anywhere else.

For the next 24 hours DO NOT:

- Drive a motor vehicle, motorcycle, or operate machinery,
- Drink alcohol
- Sign legal documents
- Conduct business agreements
- Exercise.
- You can resume your normal diet and medications (unless instructed otherwise).

AFTER OPHTHALMIC PLASTIC SURGERY

- Keep the eye covered with the patch for _____ hours/days.
- This dressing must be kept dry.
- You may shower after this time, however, please avoid direct water to the eye.
- Continue your eye drops/ointment in the operated eye **ONLY** morning and night for 2 weeks.

AVOID:

- Swimming; activities that cause undue trauma, movement and/or stretching
- Contact with potential bacteria carrying agents such as unclean hands, clothing, dirt etc.
- Do not soak the eye e.g. by taking a bath, or leaving on a wet dressing.

Patient Specific Instructions:

Signed: _____ Name: _____

POST PROCEDURE SYMPTOMS REQUIRING IMMEDIATE ASSESSMENT:

Promptly to us for examination if an undue amount of any of the following occur: bleeding, pain, redness, discharge.

CONTACT: Dr Philip Larkin – Phone 02 4472 2722 or Your Local Doctor or Hospital

Please advise Ulladulla Endoscopy and Medical Centre of any signs or symptoms or infection such as fever, swelling, redness, pain or discharge or if you visit your local doctor and are prescribed antibiotics for an associated infection within 30 days of your procedure with us.

For any urgent medical issues after hours, or if you are experiencing serious pain or discomfort following any procedure, you need to go to the Emergency Department of your closest Hospital.

EMERGENCY: CALL 000 for a NSW Ambulance OR Milton Ulladulla Hospital, 106 Princes Highway Milton, Phone 02 4454 9100.

FEEDBACK: At Ulladulla Endoscopy and Medical Centre, we always appreciate patient feedback. If you would like to make any comment, complaint, or recommendation about any aspect of care you have received from our centre, please talk to our doctors or receptionists. Alternatively, you can email us on admin@southmedical.com.au or write to us: Ulladulla Endoscopy & Medical Centre, PO Box 110, Ulladulla, NSW, 2539.

